# Gambling and gambling regulation in Norway

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## Slot machine gambling: liberalized policy in the 1990s



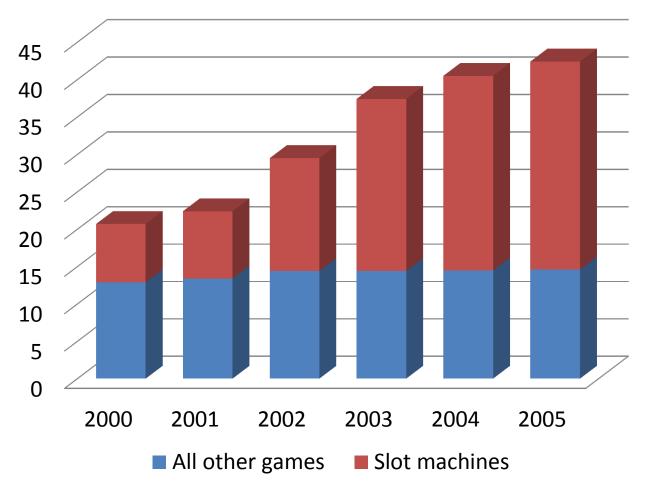
More actors allowed No restrictions on amount of winnings Co-occurred with technical advances and change from coin input to bank note acceptors



Led to an increase in:

Number of slot machines and gross turnover

## Further increase in slot machine gambling in Norway



Gross turnover in billion NOK per year

## Slot machines important in problem gambling

- «Slot machines the crack cocaine of gambling addiction»
- Most frequent in adult problem gamblers
  - Population survey (Lund & Nordlund, 2003)
- Most frequent in teenage problem gamblers
  - School survey (Rossow & Hansen, 2003)
- Most often reported as main problem in help line callers
  - Norwegian help line statistics, 2006/2007

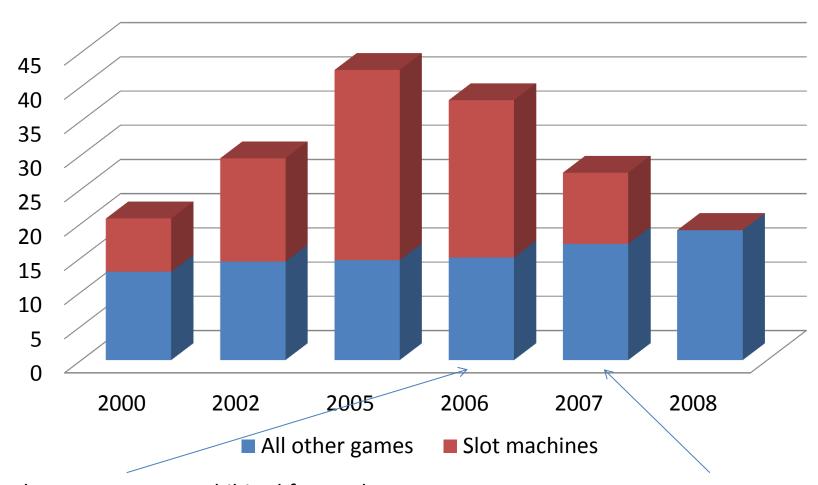
#### Regulations of slot machine gambling

2006: Bank note acceptors prohibited July 1st

 2007: Slot machines removed July 1st Monopoly established

• 2009: New and fewer slot machines introduced

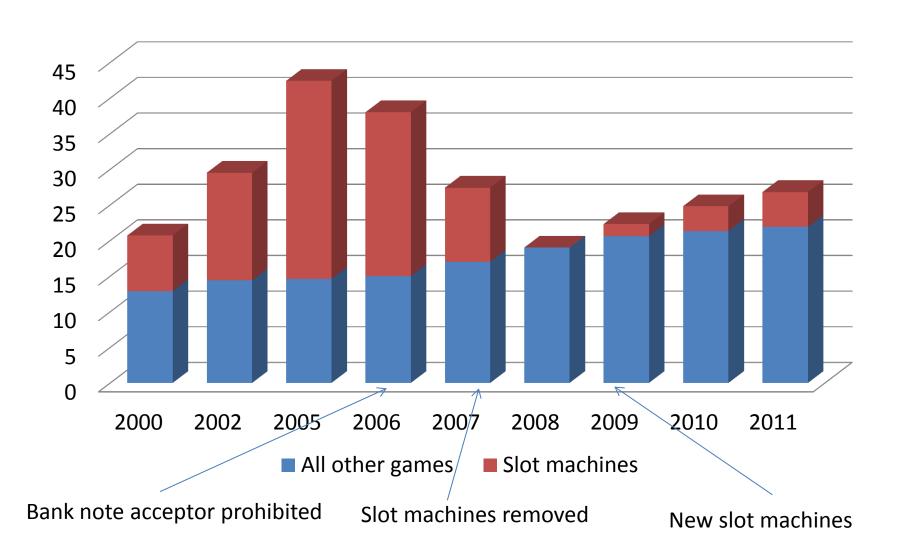
#### Changes in gross turnover



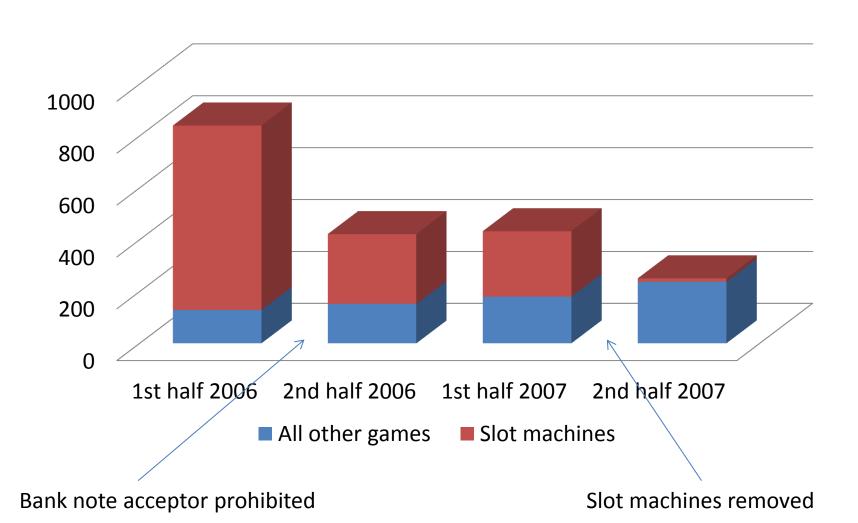
Bank note acceptor prohibited from July 1st

Slot machines removed from July 1st

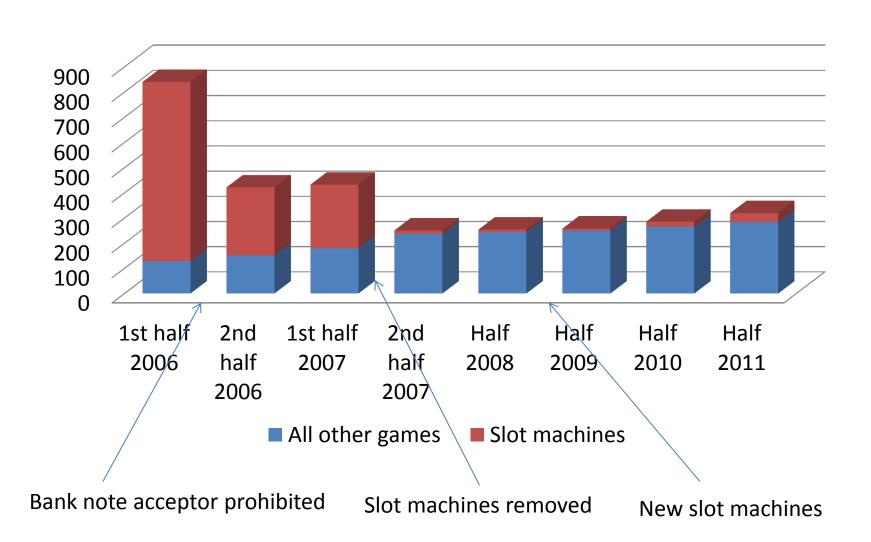
#### Changes in gross turnover



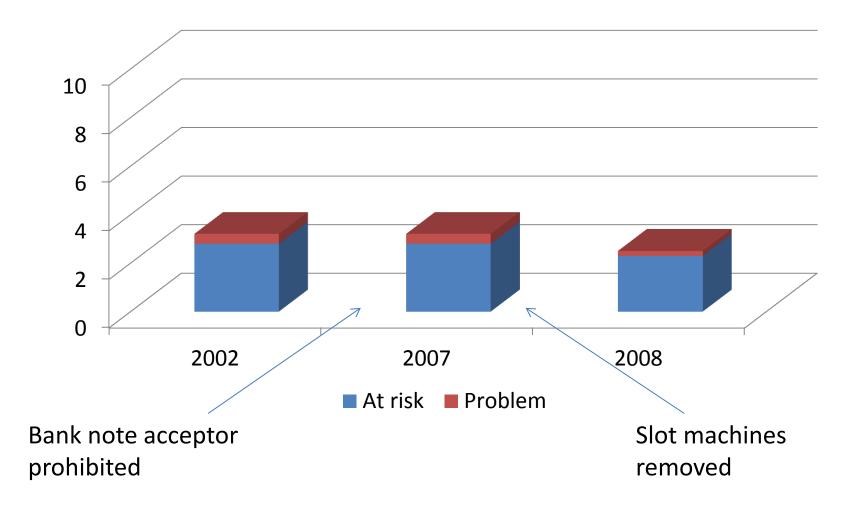
#### Changes in help line calls



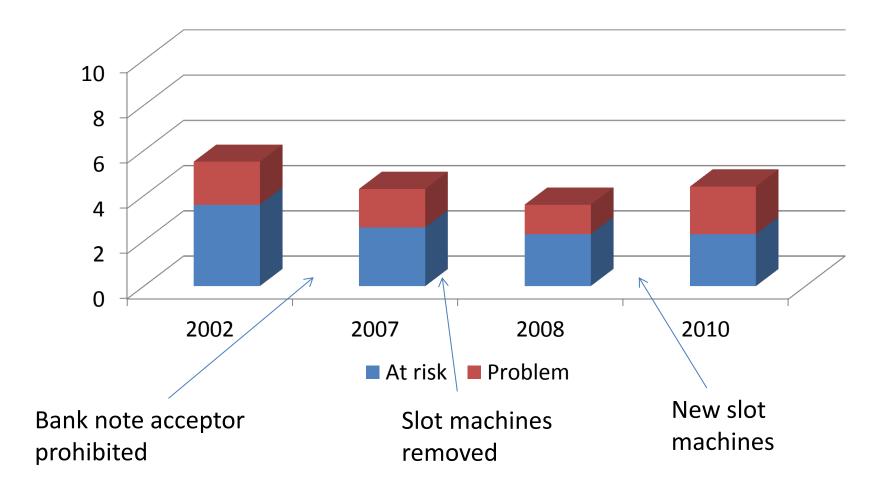
#### Changes in help line calls



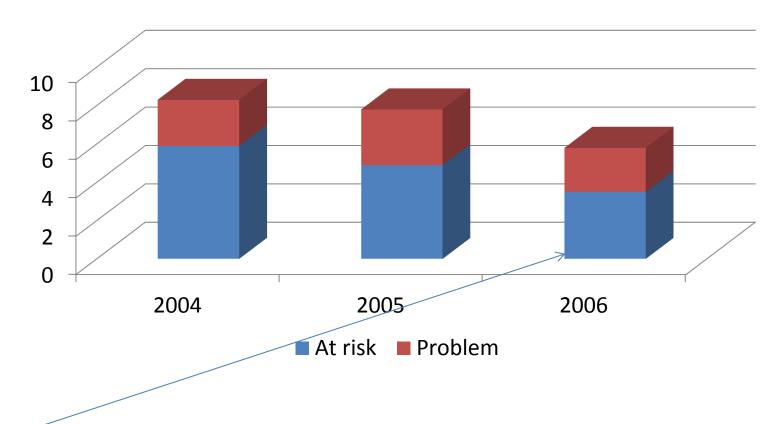
### Changes in problem gambling prevalence – adult population NODS



### Changes in problem gambling prevalence – adult population CPGI

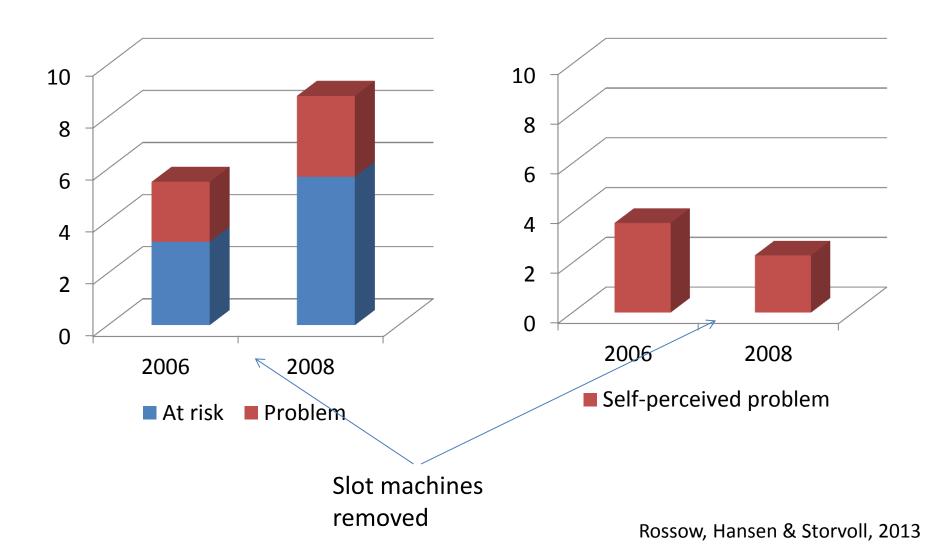


## Changes in problem gambling prevalence – youth population SOGS-RA



Bank note acceptor prohibited

### Changes in problem gambling prevalence – youth population: SOGS-RA & self-perceived



#### Summary of findings

- Prohibition of note acceptors
  - Reduced gross turnover on slot machines and in total
  - Reduced help line calls from slot machine gamblers and in total
  - Reduced problem gambling among youth
  - No change in problem gambling among adults
- Removal of slot machines
  - Reduced gross turnover in total
  - Reduced help line calls from slot machine gamblers and in total
  - Mixed findings re problem gambling among youth
  - Reduced problem gambling among adults
- Introduction new slot machines
  - Increased gross turnover on slot machines and in total, not to preintervention level
  - Increased help line calls from slot machine gamblers and in total, not to pre-intervention level
  - Increased prevalence of gambling problems among adults, not to preintervention level

#### Changes attributable to interventions?

- Theoretical plausible explanations
  - Standard economic theory of availability and demand
  - Total consumption model predicting problem rates
- Methodological limitations and concerns imply cautiousness in inferring intervention effects
  - Increased unregistered gambling abroad?
  - Diminishing interest/need for help line after introduction?
  - Changes in other gambling (e.g. on internet) may have affected changes in problem gambling
  - Low prevalence figures for problem gambling sensitive to random variation
  - Large decrease in response rates in adult population surveys

#### Thank you!

